

**Ocean County Health Department
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FOR IMMEDIATE RELEASE**

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DATE: December 1, 2011**

IT'S NOT TOO LATE TO GET YOUR FLU SHOT

The Ocean County Health Department (OCHD) is offering additional flu clinics during the month of December. Freeholder Deputy Director Gerry P. Little, Liaison to the Ocean County Board of Health, said, "So far, there has been very little flu activity reported but it is still early in the flu season. As winter approaches and the weather gets colder where there is more indoor activity and exposure to flu viruses, we usually begin to see an increase in reported flu symptoms and flu activity. The OCHD is offering these additional clinics for those who have yet to get their flu shot and would like to be protected this winter."

Daniel Regenye, OCHD Public Health Coordinator, said, "The first round of make-up clinics will be held at the Ocean County Health Department main site in Toms River. We will closely monitor flu activity and add additional clinics and sites, if necessary. Regenye added, "Children who attend a licensed child care facility or preschool between the ages of six months to less than five years of age (59 months) are required to have one dose of influenza vaccine every year between September 1 and December 31. It is also recommended that a child under nine years of age receiving the flu vaccine for the first time should receive two doses of flu vaccine, one month apart."

The dates, locations, and times of the clinics are:

12/8 – Ocean County Health Department, 175 Sunset Avenue, Toms River - 5:00 – 7:00 pm

12/9 – Ocean County Health Department, 333 Haywood Road, Manahawkin – 9:30 – 11:30 am

12/14 – Ocean County Library, Jackson Branch, 2 Jackson Drive, Jackson - 3:30 – 6:00 pm

12/15 – Ocean County Library, Berkeley Branch, 30 Station Road, Bayville - 10:00 – 12:00 pm

12/22 – Ocean County Health Department, 1771 Madison Avenue, Lakewood - 5:30 – 7:30 pm

12/27 – Ocean County Library, Brick Branch 301 Chambers Bridge Rd., Brick - 3:30 – 6:00 pm

12/29 – Ocean County Library, Stafford Branch, 129 North Main Street, Manahawkin 3:30pm– 6:00pm

If you have further questions about getting your flu shot or directions, please call 732-341-9700, ext. 7515.

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