

**STRAND:** Expedition Format

**OBJECTIVE:** To run 2-3 day overnight wilderness activities with Southern Regional students.

**Overview:**

These experiences would be much like the scouting programs that have been highly successful. The facilitators would like to begin to run overnight trips that would provide students with the opportunity to live in a miniature community.

Being responsible for cooking, shelter, leadership, attaining one's goal, and helping others are all part of what we do in the "real world". Providing students with these opportunities to try out their new skills in a more realistic setting has always been a hallmark of groups like the Boy and Girl Scouts, and Outward Bound. True learning does come from reflecting on experiences shared while camping or canoeing, living and working next to each other. An expedition format would provide such learning that can then be easily generalized back into the family and school life. Providing Southern's students with an opportunity to learn together in an unfamiliar surrounding could be one of the high points of their academic experience.