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SOUTHERN LIGHTS

The Official Newsletter of Southern Regional High School District

Vol. 51 No. 2

Southern Lights

Fall 2007



Jesus, as played by Miles Pisani, acts out a parable for his disciples, played by members of the Advanced Improvisational Acting class, in this scene from *Godspell*.

Godspell

Godspell was Southern Regional Theatre Company's featured fall performance. Students and community members of all ages enjoyed this musical based on the Gospel according to St. Matthew. *Godspell*, a representation of the parables of Jesus, is a story of a community that comes together to share a special spirituality and love. The audience was invited to become part of the community with the actors through storytelling, music, and dance. Highlights of the show were the songs "Day by Day,"

"Save the People," and "By My Side." Under the direction of drama teacher Jim McCabe, the cast included the following students from his Advanced Improvisational Acting class: Chelsea Beuth, Lauren Boyan, Nichole Celauro, Amanda Chrzanowski, Sean Dooley, Natalie Jones, Brittany Lambert, Stephanie Maniaci, Meghan Mathis, Brooke Meelheim, Paige Meelheim, Stacey Norman, Miles Pisani, Emily Ramirez, Cameron Sammartano, Kristin Schulz, Danielle Spina, Elizabeth Trotti, Katie Vitulli, and Samantha Woodlee. McCabe chose *Godspell* because he felt "the idea of helping your neighbor or expressing forgiveness is often lost in today's world." It was evident by the audience's participation that his students met his challenge to take this message and share it with others by making their show unique and personal.

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Service Learning Project Preserves Local History

About 125 seventh graders from SRMS started their Halloween in the Methodist Cemetery in Manahawkin as part of their Interdisciplinary Service Learning Initiative for the 2007-08 school year with the Stafford Historical Society. They were met by Tim Hart, president of the society, and Paul Hart, curator, who led this first group of students in the first phase of the project. Students soon became cemetery genealogists recording biographical information, documenting plot and stone



(L to R) Students Chelsea Pordzik and Luke King use paper and a crayon to make a rubbing while teacher Tony Iacono measures the tombstone.

information, taking pictures, and making rubbings.

Over the year students will apply Language Arts, math, and social studies skills to archive and analyze the information found at the plots for publication on

the web site of the Stafford Historical Society in an effort to preserve the information provided on the headstones for present and future generations.

Barbara McHale, SRMS Academics Supervisor, explained, "The Old Methodist Cemetery and the Old Baptist Cemetery are a record of the lives of the original settlers of Manahawkin. The biographical information on the headstones is being lost over time due to environmental factors and will soon be beyond the point of being able to be archived for researchers of the present and future generations. To date, there is a site map and partial documentation of the biographies of the Old Baptist Cemetery but not the Methodist."

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SOCH Physicians Enhance Student Program

As the result of a partnership between Southern Regional and Southern Ocean County Hospital (SOCH), Drs. Edward J. Niewiadomski and Paul K. Chung recently delivered the first of four lectures for this academic year to students in the district's five anatomy and physiology classes. Topics planned include specialties such as neurology, gastroenterology, pathology, orthopedics, and radiology.

"The clinical expertise of guest physicians will not only enhance the district's program by broadening our students' knowledge about medicine and their specialties but also generate enthusiasm about the field of medicine and identify those who might be interested in



Dr. Paul K. Chung (right) shows senior Lauren Migalski (left) sections of a normal human brain while senior Heather McKillop (back) examines a diseased, smoker's lung.

health careers," stated Assistant Superintendent Dan MacPhee.

In his presentation, Chung, an oncologist, shared normal as well as diseased human organs with

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STYLE Helps Middle School Girls Make Healthy Choices



Student Assistance Counselor Mike Armstrong (left) and STYLE member Devin Foster (right) review communication rules and guidelines with mothers and daughters at the Healthy Choices workshop.

For the fifth consecutive year, STYLE, the Southern Regional Peer Leadership Program, was asked to present at the annual Ocean County program entitled Healthy Choices, organized by Carol Schoenberger, the Director of Health Resources at Southern Ocean County Hospital. Healthy Choices invited Moms and their seventh through ninth grade daughters to a valuable program on making good choices.

Each year selected HS STYLE leaders, along with Mike Armstrong, a Student Assistance Counselor, make a one hour presentation that covers Mother/Daughter Communication Skills as well as Healthy Dating Relationships.

General information is provided on both topics, but the message is really brought home when the students role play in character to reinforce the information presented. "The STYLE leaders always do a great job of helping the audience leave with a clear understanding of the issues," reported Mike Armstrong.

This year over 100 Moms and daughters attended the dinner held at Sea Oaks Country Club. "It is not easy for high school students to stand up and role-play in front of 100 people, but these kids are amazing," noted Armstrong. This year's STYLE Peer Leader presenters were Devin Foster, Kate Armstrong, Ashley Gesicki, Trevor Kenney, Jake Armstrong, and Alex Musarra.

In addition to the information provided by the STYLE program, attendees also learned Stress Management, Body Composition, Fetal Alcohol Syndrome, Effects of Tobacco, Host Liability, and Self-Defense using Tae Kwan Do from a variety of guest speakers.

Media Center Grant Enriches Learning Experience

Each year, the OceanFirst Bank Foundation awards \$300,000 to schools in Monmouth and Ocean Counties who win a competitive grant writing process that demonstrates a need for library-related resources. Four of these are \$25,000 awards presented to four high schools.



Front row (L to R): Darlene Kowalski, 9/10 Media Center Specialist; Nina Anuario, Senior Vice President of OceanFirst Bank; Roberta Timmons, Bank Manager of the Manahawkin Branch of OceanFirst Bank. Back row (L to R): Craig Henry, Superintendent; Chris Taylor, Board President; Bob Johnson, HS Humanities supervisor.

SRHS was awarded one of the four \$25,000 grants. The grant, S.H.I.P.S. (Seeing History In Personal Stories), was written by Darlene Kowalski, the 9/10 Media Specialist, with the assistance of Alice Genereux, the 11/12 Media Specialist, and under the supervision of Robert Johnson, SRHS Humanities Supervisor.

Kowalski stated, "I am ecstatic about receiving this grant. It will be used to purchase equipment to incorporate the teaching of historical novels mostly with the Social Studies Department and to bring in video streaming to enhance the units and curriculum taught."

Did You Know

Eighth grade STYLE peer leaders conducted anti-bullying classroom presentations for their peers in November. Topics included Types of Bullying, How to Stop Bullying, Why Kids Bully Other Kids, Who Gets Bullied, and Where To Go For Help. Students used role playing, visuals, and discussions to communicate their message. The training of the eighth grade MS peer leaders included direct peer to peer instruction from eight HS STYLE peer leaders. Mike Benson, Marci Jo Bleam, and Mike Armstrong oversaw the training and the program delivery.



The **Ecology Club** accompanied by advisor **Kim Fontiex** and science teacher **Darren Dorris** recently took a

kayak trip at the **Wetlands Institute** in Stone Harbor. Led by a Naturalist from the Institute, they explored the wetlands and learned

about the region and the species that live there as they paddled through the area. They disembarked to explore the grasses and species of organisms that live in the tidal regions.

The **MS Builders Club** collected 2,123 food items including 32 turkeys through their annual food drive. They were able to deliver 52 boxes of food for 26 Southern Middle School and High School families. Boxes included a turkey and a \$10 ShopRite gift card for everyone. In addition, they delivered a carload of food and turkeys to the food pantry at St. Francis. **Lynn Lapsley** and **Maryann Fleck** are the advisors.

Jerry Hamlin, Director of Special Projects for the Monmouth County Prosecutor's Office, presented a **workshop on Bullying to SRMS** seventh and eighth graders in October. A former detective with the Long Branch Police Department, specializing in Juvenile Justice, Hamlin has achieved national recognition in the areas of Bias Crimes, Bullying, and Harassment. One of the many messages in



MS Principal Lorraine Airey watches Shelby Budd sign her Anti-Bullying Pledge as part of Non-Violent Week activities.

his interactive presentation included, "Parents, students, and teachers can all help to stop the bullying some children receive. Every child has the right to an education. Every child has the right to be safe." Representatives from the Ocean County Prosecutor's Office along with SRSD School Resource Officers from the Stafford Police Department observed the dynamic and unique program Hamlin offered the district.

HS English classes wrote their own ideas

A Message about the 2008-2009 Budget

The 2008-2009 school budget vote will take place on Tuesday, April 17, 2008. Registered voters who will not be able to come to the polls to vote are encouraged to obtain an absentee ballot application and cast an absentee ballot. An absentee ballot application can be downloaded from the district web site at <http://www.srsd.net> under the Student/Parent Resources link or the Ocean County Clerk's web site at <http://www.oceancountyclerk.com/election/frame.htm> or can be obtained by calling Election Services at (732) 929-2153.



The **Golden Rams** earned a third place in the Liberty-Open division at the Cavalcade of Shows Grand Championships for the eastern states region in Hershey (PA) to end their 2007 competitive season. Michael Longdo directs the band.

In November packed audiences were treated to the talents of the **All-State Jazz Band and Choir** concert as well as the **All-State Orchestra** at their concerts at the NJPAC in Newark, N.J. and at the N.J. Music Educators Association convention in Atlantic City. Students from Southern Regional who auditioned for and were selected to be a part of these ensembles included Julia Beekman, Bassoon (Orchestra); Lauren Migalski, French Horn (Orchestra); Matthew Hillblom, String Bass (Choir); Hannah DeGenova, Jazz Chorus; and Tom Skleros, Jazz Chorus. Jennifer Hodgson, SR band director, attended both concerts and stated, "The level of musicianship and the amount of dedication and love these students have toward music is tremendous and was appreciated by all."

of what peace or justice meant to them and submitted these to the SR chapter of Amnesty International. Members then chose quotes they wanted to appear on quilts from among these entries. They wrote the quotes on patches and transferred them to fabric squares. Alice Genereux, the 11/12 Media Specialist, quilted them. **Amnesty International's Peace and Justice Quilts** are hanging in the 9/10 library. Amnesty International, under the direction of **Cecile Kelley**, held a dedication ceremony for these quilts in October in the library. The event included a candle lighting which symbolized their motto, "Better to light a candle than curse the darkness."



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Students Experience Senior Limitations



Eighth grader Teddi Douglas attempted to write while wearing vision-impaired goggles as part of the sensitivity training provided to STYLE students by Interfaith. Hands-on activities included the unfair hearing test and the vision loss glasses to simulate the effects of impaired hearing and vision seniors often experience.

According to Mike Benson, Student Assistance Counselor at the Middle School, this training provided students the chance to practice empathy for senior citizens and prepared them to contact seniors and develop relationships with them. "This is a hard task for many of these kids, and this opportunity has provided such a good learning experience for them. For many, they are way out of their comfort zone," added Mike Armstrong, Student Assistance Counselor at the High School. Empathy, elder sensitivity, listening skills, and a phone call skit comprised the main topics. The cooperation of community-based faith organizations, the LBI Health Department, and SOCH enabled the Interfaith Training, organized by Benson, to occur.

Dede Montgomery, the director of Interfaith volunteers, praised the STYLE students who attended the Interfaith Volunteer Training. She told them, "Never doubt to what extent you have touched them (seniors). You are special."

Students Participate in Great American Smokeout



First place winner Lindsay Bradley shares the winning slogan on her T-shirt, "Ride the Wave to Good Health - Cool Dudes Don't Smoke," with Gail Bott (left), Stafford Twp. Municipal Alliance, and Lorraine Airey (right), MS Principal.

SR Middle School participated in various activities to celebrate Great American Smokeout Week. For the past nine years, the Great American Smokeout (GASO) has been brought to seventh graders through the Governor's Council on Alcoholism and Drug Abuse; the Council funds all Municipal Alliances throughout the state of New Jersey. The GASO was paid for by grant funds of the Stafford Township Municipal Alliance and

was co-sponsored by Southern Ocean County Hospital and 2nd Voice Speakers Group.

Gail Bott, Director of the Stafford Township Municipal Alliance, kicked off the event in the Middle School library along with Carol Schoenberger, Health Resources Manager for Southern Ocean County Hospital.

George Cocking from the Ocean County Nu Voice Club was the guest speaker. He presented a vivid picture of life after a laryngectomy caused by smoking. Students were made aware of his inability to boat, shower, swim, whistle, smell and of his problems eating solid foods.

Student winners of the Great American T-shirt Design Contest were announced at the kick-off event. First place winner Lindsay Bradley was thrilled to see her design on this year's T-shirt which was given to all seventh graders. Lindsay also received a \$50 gift certificate. Ashley Bromiley was acknowledged as a second place finisher, and Nick Schiano received the third place award. They each received a \$25 gift certificate.

The impact of cigarette smoking was presented as yet another reason to support the Relay for Life, a community event that is held at Southern Regional each June.



AWARDS

Senior **Lauren Boyan** won the **Playwrights-on-the-Rise High School Playwriting Contest**.

Her play, *Substratum*, was given a staged reading at the Strand

Theater in Lakewood in November. Helen Fox is her English teacher.

Senior **Tim Moffitt** was selected as this year's recipient of the "**Rusty**" **Rizzitello Senior Excellence Award**. This award, sponsored by the Shore Soccer Officials Association, is presented to only one male and one female soccer player from Ocean County. Individual players in their *senior year* who best exemplify the spirit of the game are eligible. Moffitt, this year's team captain, was selected for his scholastic achievement and demonstrated sportsmanship as well as his playing ability. Paul Lovas is his soccer coach.



Principal Eric Wilhelm announced that **Miles Pisani** was named a **Commended Student in the 2008 National Merit Scholarship Program**.

A letter of commendation from the school and the National Merit Scholarship Corporation (NMSC), that conducts the program, was presented by Wilhelm to this scholastically talented senior. Commended students placed among the top five percent of more than 1.4 million students who entered the 2008 competition by taking the 2006 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT). "The young people named Commended Students in the 2008 National Merit Scholarship Program are distinguished by their strong academic performance in this rigorous competition," commented a spokesperson for the NMSC.

Senior **Jocelyn Harth** received a ribbon for her photograph, "Playtime," on the state level and an honorable mention for 6th place on the National Level from the Photographic Society of America. The piece was on display at the **Youth Photography Showcase** at the Marriott Starr Pass Resort and Spa in Tucson, Arizona, from September 2 through 8.



Clair Chapter, social studies teacher on the MS Seahawks team, was selected by

the Eagleton Institute of Politics at Rutgers University to receive the **State House Express Award**. The \$300 grant will pay for bus rental expenses to bring her students to Trenton for a special tour of the State House.

Southern Lights, the district newsletter, received an **Award of Excellence** from the **New Jersey School Board Association's (NJSBA) Annual Communications Competition**. The competition honors school districts that have demonstrated their commitment to public education through exemplary publications. Entries, published between September 1, 2006 and July 31, 2007, were judged on excellence in appearance, writing, and concept; editing; layout and design; photography; and informational and educational value.

The color version of the newsletter plus district information is available at <http://www.srsd.net>

Twilight Program Hopes to Expand

In September, the Southern Regional School District initiated an additional educational opportunity for its students. The Twilight Program, an alternate approach to achieving academic and personal success, begins at the end of the traditional school day and runs until 7 p.m. each evening. Program Coordinator Susan Craig stated, "The Twilight Program is now successfully operating at capacity. However, we are hoping to expand the program in the future in order to allow a greater number of selected students an opportunity to earn their diploma in their home district."

Craig feels that the students, their parents, and the community appreciate this novel approach to education. Students also welcome the chance to be involved in varied nonacademic and extracurricular activities offered by Southern. This participation helps to connect the traditional with the non-traditional environments while serving to build positive connections between the two.

The Guidance and Transportation Departments are working hard to meet the scheduling challenges and transportation issues. "This is definitely a collaborative effort that reflects Southern Regional's commitment to all members of its student population," concluded Craig, who is grateful to the District Administration and the Board of Education for their continued support.

District Conserves Energy



Dean Adams, District Energy Manager, checks the setting on a room thermostat as part of his efforts to track energy consumption.

The Southern Regional School District is under contract with Energy Education, Inc., an outside conservation company that uses human resources to save financial and natural resources for the district as well as the community. Dean Adams, the current night custodial supervisor, has been selected as the energy manager.

The company provides intense training for Adams to administrate the program, watch the utility bills, and work with the staff and students to reduce energy costs. He tracks and analyzes energy costs and consumption using sophisticated energy accounting software. These measures will identify problem areas and result in energy-use behavior modification.

Adams has posted energy conservation tips in each room next to the light switch. Tips include shutting off the lights after leaving a room, closing the doors to conserve heat, and switching off computers and other office machines each night. "Just these simple gestures can save money. We will not be dimming lights or lowering temperatures while classes are in session. We are not here to take away but to make sure unnecessary energy users are off when people leave for the day. The savings occur from 3 p.m. to 7 a.m. not 7 a.m. to 3 p.m." he explained.

The company helps school districts establish a customized, direct management program with precise, on-going follow-up resulting in their greatest energy savings. "The District is projected to see a significant savings in all areas of its energy expenses - savings that can be used in the budget for educational purposes," stated Superintendent Craig Henry.

Living Classroom Provides Unique Learning Experience

Science teachers Kim Fonteix and Darren Dorris took 17 students from the REBEL and Ecology Clubs to Sedge Island for three days. Participants stayed on the island and lived a conservation ethic. Hands-on activities included marsh walks, kayak tours, fishing, clamming, and digging for ribbed muscles.

They learned about the ecology of the area, the ReClam the Bay program, and helped to sort out oysters that were grown at Sedge Island for repopulation around the bay this fall.

"One meal consisted of the food students caught or gathered. It was a great experience for those who had never had clams, mussels, blackfish, or bluefish," noted Dorris.



Because Sedge Island is an Eco-friendly island with minimal running water and minimal electricity, the students had to become familiar with the mulching toilet facilities called the Clivus. Fonteix, advisor to the clubs, stated, "The students had to work together in all aspects of everyday life. They cooked, cleaned, and worked as a team."

Both teachers agreed it was an amazing learning experience that left students with a better understanding and appreciation of the saltwater wetlands that are the building block for the Shore's ecosystem.

Trip Celebrates the Season



Students and seniors check the pumpkin patch for just the right pumpkin for painting and decorating.

Intergenerational Council held its first activity of the year in October when 30 students and community members went to Manahawkin Pumpkin and Berry Farm. After picking pumpkins and enjoying a hayride, they went to A. Paul King County Park to picnic and paint their pumpkins. Family Consumer and Sciences teacher Rosemarie Tamarato is the advisor. For more information, call 609-597-9481, Ext. 4502.

SOCH Physicians

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his audience on a large screen that showed the organs in detail. Several students donned rubber gloves and came forward to take a closer look and feel the different textures of the specimens. "There is a whole gamut of health care you may not be aware of," commented Chung. "The classroom gives you the normal foundation while we will provide the pathophysiology."

Niewiadomski, Chief Medical Officer at the hospital as well as the senior vice president for medical affairs, covered cells, tissue, and the integumentary system (skin, hair, nails). He projected pictures of various diseases to accompany his explanations and descriptions of actual case histories.

The students' enthusiasm and interest was evident in their questions and the undivided attention they afforded both lecturers. They are looking forward to the next lecture, scheduled for January, with Dr. Wong on orthopedics and Dr. Yu on radiology.

Did You Know

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On the **National Federation of High Schools Community Service Day** in October, the **Varsity Club** collected bags of canned foods in exchange for free admission to the Homecoming Football Game and a free Southern Regional 50th Anniversary T-shirt. They did this again at another football game in November. Kim DeGraw-Cole, Supervisor of Athletics, noted, "This was for students only but was a great way for our students to give back." The food collected was donated to the St. Francis food pantry. Joe Tomczuk is the Varsity Club advisor.



Back to Front: STYLE member Ashley Grimes and seventh grader Meaghan Valeriani enjoy nature as they canoe through the Pine Barrens as part of the Pinelands Adventure.

Seventh graders participated in a self-funded overnight trip to YMCA Camp Ockanickon in Medford (N.J.) in October.

The **Pinelands Adventure** trip achieved the goals of team building and decision making. Five different activities supported these objectives: challenge course, fire building, shelter building, archery, and canoeing which were run by the camp counselors; and a scavenger hunt in the Pine Barrens that was handled by Southern Regional teachers. To round out the day's educational activities, students met after dinner for an evening of dancing and socializing. SR High School STYLE members chaperoned the event along with teachers and parents.

District Announces Spring Musical

The Southern Regional Theatre Company, under the direction of Carolyn Placa, is busy preparing for its annual district spring musical. *Leader of the Pack*, the Ellie Greenwich Musical, is scheduled to be performed on February 27, 28, 29, and March 1. On March 1, a Dinner Theatre will be available with advance tickets only. This Juke-Box Musical is based on the life and songs of Ellie Greenwich, a popular 1960's composer of hit songs such as "Chapel of Love," "Be My Baby," and "Do Wah Diddy Diddy." It promises to be an evening of fine Southern entertainment. Mark your calendars now!

Adult School Concludes Another Successful Semester

The Southern Regional Adult School has recently concluded another successful semester with over 1,000 community members participating in the over 100 fall courses available. In addition, 650 travelers climbed aboard busses in anticipation of enjoying a Broadway play, a day of shopping, or a few hours of sightseeing. The following fall term numbers tell the story: 115 people can now confidently dance the foxtrot; 160 people have learned to surf the net, ease their bookkeeping tasks, or create their own web pages; 23 puppies have successfully trained their owners in order to achieve peace in the home; 40 golf students have been able to achieve par or at least get a bit closer; and 80 yoga students have been able to achieve inner tranquility.

Susan Craig, Enrichment Coordinator, feels that the accomplishments of the students reflect the enthusiasm and encouragement of the program's instructors. She commented, "We are fortunate to have community members who want to share their knowledge.

Our best resource is our teachers. I am amazed not only by the talents that exist in our own back yard but also by the desire to share that talent through community education."

Craig noted that a cooperative effort between the Southern Regional Adult School and the Ocean County Library will occur on Saturday, January 26, at the Stafford Township Branch between 11 a.m. and 1 p.m. This collaborative event will preview the spring offerings and answer questions regarding the varied programs. Representatives of both the school and the library will be on hand.

The latest brochure will be arriving in mailboxes mid-January. In addition, it can be accessed via www.srsd.net by clicking on the Adult School Brochure link and is also available at several area community locations, including the district's school offices.

Craig suggests, "Take a look. You just might find something interesting. Our enrichment classes can provide career training, health and fitness information, or just fun."

Fishing Rams Reel in Big Catch



SR Fishing Rams and chaperones show off their catch from an overnight deep sea fishing trip. Front (L to R): Chuck Wunder, Jake Traut, Dan Black, Mike Villanova, John Hillman, Ryan Andrae, teacher Jason Hoch, Officer Drew Smith. Back (L to R): Stafford Township Police Officer Jim Haldenwang, parent Bill Black.

In October, six members of the SRHS fishing club, the Fishing Rams, along with two teacher club advisors, two Stafford police officers, and one parent took their annual Canyon Tuna Trip aboard the *Searcher II* out of Barnegat Light, N.J.

For many of the students it marked the first time they left the sight of land, let alone the over 70 miles they traveled to the edge of the continental shelf. For most students, it gave them a chance at the biggest fish of their lives. "I'm not sure they knew what they were in for. Tuna are strong fish, and they don't give up very easily, but the rush is like no other," stated club co-advisor Darren Dorris. In addition to the fishing, students learned how and why the edge attracts fish, how the ecosystem exists, and how the food chain develops. The club practices fishery management so that these areas of the ocean will remain sustainable fisheries.

Club co-advisor Jason Hoch noted, "The trip was physically draining yet very rewarding. We returned to the dock with three sword fish, five yellow fin tuna, one long fin tuna, and six mahi-mahi. Catching three sword fish in one trip is phenomenal." Junior Mike Villanova boated his first sword fish. The largest of the three caught, it had an estimated weight of 175 pounds.

The cost of a trip of this nature is usually quite high. However, with generous financial help from the Stafford PBA and the club's only fund raiser, the Fishing Flea Market in February, this trip of a lifetime is made affordable.

Service Learning Project

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As a valuable source of information about daily life, the Stafford Historical Society has Old School House Journals that contain daily entries made by students from the Manahawkin area from 1894 to 1909. By studying these primary documents through their social studies classes, students will have the opportunity to preserve the journal entries, publish a calendar of the quotes found in each entry, and create living histories of the stories contained within the documents.

Students will complete one or more of the fifteen projects that are part of this service learning initiative. The projects may be carried out in other core or encore classes. Tim Hart stated, "These activities will help the students discover valuable information as well as provide them with a better understanding of the historical events and culture of the time period represented."

Homecoming Ends Spirit Week



Homecoming Court (L to R): Lorryn Gutkowski, Kevin Tallon, Katie Barrett, Sean Dooley, Nicole Lanno, Bryan Cotte, Alex Musarra, Greg Warren (filling in for Andrew Schmidt), Jessica Cicero, and Dylan Larson.

Spirit Week promotes school unity, school pride, entertaining activities, and charitable contributions. During the week of

October 15, SRHS Student Council sponsored a week of spirit building activities beginning with Ram Races, a charity fund raiser challenge, and ending with the homecoming game and dance. Other activities included dress-up theme days, wall decorating, and the ring ceremony. This year's recipient of the fund raiser challenge was the Valerie Fund. This organization operates Camp Happy Times, a free one week overnight camp experience for children aged 5-21 who have or have had cancer.