

VIRTUAL INSTRUCTION MEAL SERVICE (January 4-10)

The school district continues serving breakfast and lunch for **ANY** student at **NO COST** during this period of all virtual instruction.

The meals will be available for pickup in the Middle School cafeteria using the outside entrance in the back of the building. Meals are also available for delivery daily. All meals must be pre-ordered by 7pm the night before by emailing lunch@srsd.net from your Southern Regional email account. Please include your name and student ID number in the email. You will receive a response that will tell you the timeframe that the lunch will be ready for pickup or delivery. If you are unable to access your student email please call (609)597-9481 ext. 4369 and leave a voicemail with your name, grade, student ID number by 7 pm the night before.

The meals available are on the following page.

If you would like the option to pick up or have delivered multiple days of meals at one time please indicated that in your email.



JANUARY 2021

Southern Regional
Virtual Meals



Free meals for all students*

Monday, 1/4/21

Breakfast- Blueberry Muffin, Fruit/100% Juice & Milk

Lunch- Popcorn Chicken w/ Dinner Roll, Tater Tots, Fruit & Milk

Tuesday, 1/5/21

Breakfast- Whole Wheat Pancakes with Pork Sausage Links, Fruit/100% Juice & Milk

Lunch- Pizza Crunchers, Sweet Peas, Fruit & Milk

Wednesday, 1/6/21

Breakfast- Chocolate Chip Muffin, Fruit/100% Juice & Milk

Lunch- Chicken Tenders w/ a Dinner Roll, Sweet Potato Fries, Fruit & Milk

Thursday, 1/7/21

Breakfast- French Toast Sticks, Fruit/100% Juice & Milk

Lunch- Burger on a Bun, Oven Baked Fries, Fruit & Milk

Friday, 1/8/21

Breakfast- Cinnamon Roll, Fruit/100% Juice & Milk

Lunch- Pizza, Carrots, Fruit & Milk

Saturday, 1/9/21

Breakfast- Pork Sausage Patty with Egg on a Bun, Fruit/100% Juice & Milk

Lunch- Chicken Patty Sliders on Buns, Carrots Fruit & Milk

Pickup or Delivery on Friday, 1/8/21

Sunday, 1/10/21

Breakfast- Chocolate Chip Muffin, Fruit/100% Juice & Milk

Lunch- Pasta with Meatballs in Marinara Sauce, Broccoli, Fruit & Milk

Pickup or Delivery on Friday, 1/8/21



At least 50% of All Grains served w/ your meal are Whole Grain Rich

Menu Subject to Change



***USDA approved until further notice**