

Southern Regional School District

Teacher's Menu Order Form

Name: _____

Date: _____ P/U Time: _____ Cafeteria _____

Order must be placed before 8:30AM M-F
Please submit orders via email to PShenloogian@srsd.net

Specialty Salads \$4.95

- Chef
- Chicken Caesar
- House
- BLT
- Mandarin Orange
- Tuna

Build Your Own Salad \$4.95

Choose 1 Protein:

- Breaded Chicken
- Ham
- Turkey
- Grilled Chicken
- Tuna

Choose 4 of your favorite Toppings:

- Tomato
- Cucumbers
- Eggs
- Green Peppers
- Red Peppers
- Shredded Carrots
- Cheddar Cheese
- Parmesan Cheese
- Croutons
- Black Olive
- Corn
- Broccoli
- Chickpeas
- Onions
- Spinach

Dressings: Ranch, French, Thousand Isle, Balsamic, O&V, Caesar & Italian

*Add \$.50 for each additional Topping

Build Your Own Sandwich \$4.95

Choose your Bread, Protein and Toppings below:

Bread

- 8" Sub Roll
- Whole Grain Kaiser
- Rye Bread
- Garlic and Herb Wrap
- Tomato and Basil Wrap
- Spinach Wrap
- Wheat Wrap

Protein

- Turkey
- Ham
- Tuna
- Grilled Chicken

Toppings

- American
- Provolone
- Swiss
- Pepper Jack
- Lettuce
- Tomato
- Onion
- Hot Peppers
- Sweet Peppers
- Mayonnaise
- Mustard
- Oil
- Vinegar
- Salt
- Pepper
- Oregano

*Pick a side Comes with your Sandwich!

- Carrot Sticks
- Celery Sticks
- Classic Lays
- Baked Plain Lays
- Baked BBQ Lays
- Baked Sour Cream and Onion Lays

Drinks

*Meal comes with 16oz Water or 12oz can of Soda or Iced Tea

- Water
- Coke
- Diet Coke
- Sprite
- Ginger Ale
- Snapple Iced Tea

Soup

- Cup of Soup \$2.00
- Add soup to your Salad or Sandwich \$2.00