

Southern Regional 9/10 High School April 2019

Questions, comments or concerns contact: Gary Haddad,
Food Service Director at 609- 597-9481 Ex. 4369

DELI

Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some of Our Fast
Take Sandwiches

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread

**Breakfast Served Daily 7:30 – 7:40
Available to ALL.**

Daily and Weekly Salad Specials

Week 1
Romaine Salad
Week 2
Spinach Salad
Week 3
Romaine Salad
Week 4
Spinach Salad

SALADS

Week 1: Garden Salad w/ Cheese
Week 2: Chef Salad
Week 3: Chicken Caesar Salad
Week 4: Buffalo Chicken Salad
Week 5: Power Bowl

GRILL

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded
Chicken w/ Grain, Chicken Patty Sandwich

Monday: Jersey Burger
Tuesday: Rib O Que Sandwich
Wednesday: Chicken Bacon Cheddar Sandwich
Thursday: Smokehouse Burger
Friday: Pork Roll & Cheese on a Kaiser

Everyday Choices

PIZZA

Cheese And Pepperoni Pizza Plus Specialty Pizzas

Monday: Veggie Tuesday: Buffalo Chicken
Wednesday: White Pizza Thursday: Sausage Friday: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



<p>4/1 French Toast Sticks Sausage Patty Sweet Potato Rounds V</p>	<p>4/2 Triple Dipper Tuesday Mozzarella Sticks, Mini Corn Dogs & Smiley Fries</p>	<p>4/3 Homemade Baked Ziti w/ Garlic Knot Sautéed Spinach V</p>	<p>4/4 Chicken Fajitas w/ Hard or Soft Tortilla Spanish Rice Seasoned Beans</p>	<p>4/5 Twin Hot Dog w/ Toppings French Fries Green Beans</p>
<p>4/8 Chicken Sticks w/ Biscuit Sweet Potato Fries Carrot Sticks w/ Dip</p>	<p>4/9 Triple Dipper Tuesday Popcorn Chicken Pretzel Bites Waffle Fries</p>	<p>4/10 Pasta & Meatballs w/ Garlic Bread Sautéed Spinach V</p>	<p>4/11 Chinese Take Out Chicken & Broccoli w/ Fried Rice & Mini Egg Roll</p>	<p>4/12 Buffalo Chicken Flatbread w/ Smiley Fries BBQ Baked Beans</p>
<p>4/15 Early Dismissal Grab & Go Pizza, Chicken Sandwiches, Salads & Sandwiches</p>	<p>4/16 Triple Dipper Tuesday Chicken Nuggets Pretzel Stick Tater Tots</p>	<p>4/17 Chicken Mac Alfredo w/ Garlic Bread Roasted Broccoli</p>	<p>4/18 Loaded Tots w/ BBQ Turkey or Beef Taco Baked Beans Carrot Sticks V</p>	<p>4/19 Good Friday Spring Recess Begins No School</p>
<p>4/22 Spring Recess</p>	<p>4/23 Spring Recess</p>	<p>4/24 Spring Recess</p>	<p>4/25 Spring Recess</p>	<p>4/26 Spring Recess</p>
<p>4/29 Mozzarella Sticks w/ Marinara Carrots & Celery Dippers V</p>	<p>4/30 Triple Dipper Tuesday Popcorn Chicken Garlic Knots Smiley Fries</p>		<p>Breakfast Available to All: Students Full: \$1.75 Reduced: \$.30 Adult: \$ 2.25</p>	<p>Lunch Available to All: Students Full: \$2.95 w/ Fries: \$3.40 Reduced: \$.40 Adult A la Carte: \$3.40</p>

**Veggie Bar Offered Daily
Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers**