

# SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday 1/14	Tuesday 1/15	Wednesday 1/16	Thursday 1/17	Friday 1/18
<b>Lunch: \$2.95</b> <b>Premium: \$3.40</b>					
<b>FAVORITES</b> 	<b>Mozzarella Sticks w/ Marinara</b>  Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Chicken Sticks w/ Tortilla Chips Potato Wedges</b>  Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Buffalo Chicken Flat Bread</b>  Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Chicken Wing Bar</b>  Smiley Fries BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk	<b>Grilled Cheese w/ Tomato Soup</b>  French Fries Green Beans Spinach Salad Fruit 1% or FF Milk
<b>GRILL</b> 	<b>Chicken Patty Parmesan Hamburgers Cheeseburger</b>  Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Cheese Steak Hamburgers Cheeseburger</b>  Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Buffalo Chicken Patty Hamburger Cheeseburger</b>  Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Rib-a Que Sandwich Hamburger Ram Burger</b>  BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk	<b>Chicken Patty Hamburger Cheeseburger Meatball Sub</b>  Green Beans Spinach Salad Fruit 1% or FF Milk
<b>PIZZA</b> 	<b>Pepperoni Pizza Cheese Pizza</b> ---- Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Buffalo Chicken Pizza Cheese Pizza</b> ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>White Pizza Cheese Pizza BBQ Chicken Pizza</b> ---- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Cheese Pizza Pepperoni Pizza</b> ---- BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk	<b>Vegetable Pizza Cheese Pizza Meat Lovers Pizza</b>  Green Beans Spinach Salad Fruit 1% or FF Milk
<b>PASTA</b> 	<b>Macaroni &amp; Cheese w/ Dinner Roll</b> ---- Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Chicken Alfredo w/ Garlic Bread</b> ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Pasta &amp; Meatballs w/ Garlic Bread</b> ---- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Pasta w/ Pink Sauce Dinner Roll</b> --- BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk	<b>Baked Ziti w/ Garlic Bread</b> --- Green Beans Spinach Salad Fruit 1% or FF Milk
<b>SANDWICHES</b> 	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll  Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll  BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll  Green Beans Spinach Salad Fruit 1% or FF Milk
<b>SALAD BAR</b> 	<b>Salad Bar \$3.40 Adults \$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch: Hummus w/ Veggies</b>	<b>Salad Bar \$3.40 Adults \$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch: Cheese &amp; Crackers</b>	<b>Salad Bar \$3.40 Adults \$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch: Hummus w/ Veggies</b>	<b>Salad Bar \$3.40 Adults \$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch: Cheese &amp; Crackers</b>	<b>Salad Bar \$3.40 Adults \$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch: Hummus w/ Veggies</b>
<b>STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40</b>					

CAFETERIA MANAGER: 11/12 Debbie Exel ext. 4419 Menu Subject to Change