



SOUTHERN REGIONAL MIDDLE SCHOOL

SPRING INTRAMURAL SPORTS

Through respect and sportsmanship, we ensure students that want to participate in a daily activity of sport, fitness, and an overall healthy lifestyle are given the opportunity to participate. Be prepared for **ALL** weather. Sign-ups will be daily on the sign-up sheet outside of the weightroom. Daily participants will be limited to 30 students and is a first come, first served basis.

Ed Costa ecosta@srsd.net

MS Room: (Gym B)

Spring Intramurals

Mon – Thurs: 2:15-3:00pm/3:00 pm – 5:15 pm

(Days/Times will vary due to weather and gym/field space)

Please click [HERE](#) for participation permission slip.