

**SOUTHERN REGIONAL MIDDLE SCHOOL
BREAKFAST MENU 2018 / 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffles Yogurt Parfait Bagels w/Cream Cheese WG Donuts Assorted Cereals, Muffins, Granola Bars, Cereal Bars, Pop Tarts, Breakfast Bar and Graham Crackers	Sausage, Egg & Cheese on Eng. Muffin Yogurt Parfait Bagels w/Cream Cheese WG Donuts Assorted Cereals, Muffins, Granola Bars, Cereal Bars, Pop Tarts, Breakfast Bar and Graham Crackers	Bacon, Egg & Cheese on a Bagel Yogurt Parfait Bagels w/Cream Cheese WG Donuts Assorted Cereals, Muffins, Granola Bars, Cereal Bars, Pop Tarts, Breakfast Bar and Graham Crackers	Breakfast Sandwich on Biscuit Yogurt Parfait Bagels w/Cream Cheese WG Donuts Assorted Cereals, Muffins, Granola Bars, Cereal Bars, Pop Tarts, Breakfast Bar and Graham Crackers	Pork Roll & Cheese on Eng. Muffin Yogurt Parfait Bagels w/Cream Cheese WG Donuts Assorted Cereals, Muffins, Granola Bars, Cereal Bars, Pop Tarts, Breakfast Bar and Graham Crackers

100% Juice Cup, Fresh and Canned Fruit available daily

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Skim, 1% White or Fat Free Chocolate Milk available daily

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Menu Subject to Change

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USDA and this institution are equal opportunity providers and employers

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