

# **HABITUDES**

---

**Teaching Habits and Attitudes for  
21<sup>st</sup> Century Learning**

**Angela Maiers**

# What are Habitudes?



Habitudes are the learning habits and attitudes necessary for students to become 21<sup>st</sup> century learners, critical thinkers and successful members of society. Habitudes will be integrated within all SRMS classrooms this school year.

The Habitudes are: Imagination, Curiosity, Self-Awareness, Perseverance, Courage, Passion, and Adaptability.

# The Characteristics of the 21<sup>st</sup> Century Learner

---

➤ The 21<sup>st</sup> century learner must: **Be, Do, Have!**

➤ **Be** critical, creative and strategic

➤ **Do** their own thinking

➤ **Have** endurance, fortitude, and courage to brave new challenges



# SRMS STUDENTS

---

- **Students who display classroom habitudes that will:**
- Believe they can solve any problem
- Believe that no challenge is too great
- Approach problems with an attitude of optimism, persistence, confidence, and resolution to improve the situation
- Will change the world



# IMAGINATION

**The ability to create new images out of thoughts, memories, and sensory information, and form those images to mold ideals, role models, heroes, loves, concepts, perceptions, and ideas on how to thrive and survive.**



# CURIOSITY

A mindset and a willingness to explore the internal and external worlds by asking questions, seeking answers, and engaging in a wide range of personal and interpersonal activities.



# SELF-AWARENESS

Provides a system of checks and balances that equips individuals to understand themselves and to make conscious choices and deliberate decisions about the direction and quality of their lives.



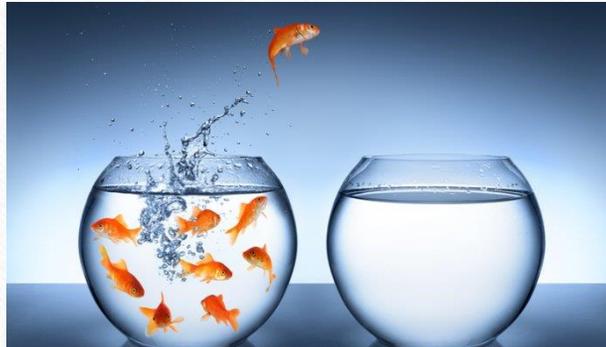
# PERSEVERENCE

The ability to sustain interest, effort and commitment in any circumstance that life presents.



# COURAGE

The ability to enter the unknown by confronting challenges, taking risks, and overcoming fears.



# PASSION

The ability to intentionally pursue actions that are personally and socially meaningful.



# ADAPTABILITY

The ability to cope with change, to recognize its positive and negative aspects, and to manage one's actions to address the nature and scope of change.

